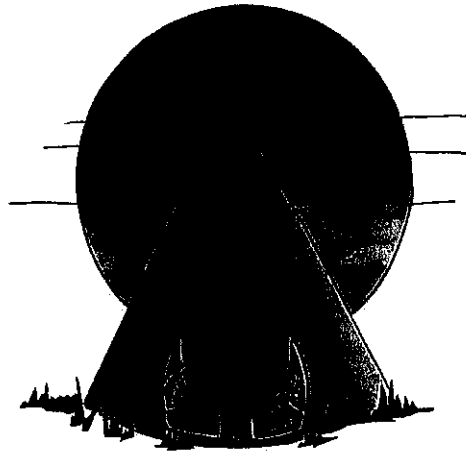


2019 Tony Cote First Nation Summer  
Games Technical Package

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**TECHNICAL PACKAGE**  
**Cross Country Cycling - Demo**  
**2019 SASKATCHEWAN FIRST NATIONS SUMMER GAMES**  
**FLYING DUST FIRST NATION**  
**JULY 14-19, 2019**

## 2019 Tony Cote First Nation Summer Games Technical Package

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1. Sport: **CYCLING - DEMO**

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2. Participants:

- 2.1. Competitors: 2 male athletes per age division  
2 female athletes per age division
- 2.2. Staff: 1 Coach  
1 Manager  
one of whom must be male  
one of whom must be female  
1 Mechanic
- 

3. Classification:

- 3.1 Age Division:
- Pee Wee (Under 14) Born in 2003 - 2004  
Bantam (Under 16) Born in 2005 - 2006  
As of December 31, 2019
- 

4. Eligibility:

- 4.1 Coaches:  
Any staff listed as coach on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program (NCCP) to at least Level 1, or the equivalent level in the new NCCP, competition stream, Development context, (Trained status) in Cycling.

Coaching certification must be completed no later than ninety (90) days before the opening of the Games.

- 4.2 Athletes:

The Saskatchewan First Nation Summer Games shall be open to Saskatchewan Residents who are of Status Indian Ancestry. Athlete treaty numbers are required as proof.

All athletes must play with their respective Tribal/ Grand Council teams they are a member of.

All athletes must be a member of a First Nation within the Federation of Saskatchewan Indian Nations.

Transfer of Status Indians to another Tribal/Grand council is allowed, as per Saskatchewan First Nation Winter and Summer Technical Manual RESIDENCY Clause.

# 2019 Tony Cote First Nation Summer Games Technical Package

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## 5. Competition:

### 5.1 Rules

Standard rules of the UCI and CC will govern the competition.

### 5.2 Sanction

The competition is sanctioned through the Provincial Sport Organization.

### 5.3 Equipment

Standard equipment is per Cycling Canada racing regulations for the Junior Level. Athletes may bring one cross country mountain bike and 1 cycling approved helmet. Cycling shorts are recommended. No long baggy clothing will be allowed

### 5.4 Event Format

Team Relay Cross Country  
Mountain Bike  
Male – 10 km  
Female – 10 km

Individual Cross  
Country  
Male – 5 km  
Female – 5 km

### 5.5 Seeding

Cross Country Mountain Bike will be mass start with waves of 5 minutes between the U14 and U16.

The Sport coordinator shall reserve the right to make alterations to the start order of any race.

## 6.0 Protests

Protest procedures shall be governed by the policies outlined in the FNSG Handbook. In addition, all protests must comply with the Policies and Procedures of the SSA as it pertains to Provincial Competitions.

### **Eligibility Protests**

The FSIN Sport, Culture, Youth and Recreation Board will act as the Jury for all protests dealing with the eligibility of Athletes.

All protests must be communicated to the FSIN Games Director no later than 15 minutes after the end of the game.

Protests must be signed by the Team Sport Contact/ Chef-de-Mission or his/her mission staff designate of the participating team. This designate must be submitted in writing.

## 2019 Tony Cote First Nation Summer Games Technical Package

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All protests will be accepted with no explanation from the Board. All protests must be dealt with within 15 minutes of the game ending or game stands as posted.

A fee of \$500.00 will be in place for all protests. This fee will be given directly to the FSIN Games Director. Cash will be the only accepted form of payment. This fee will be put toward the Youth Championships if the protest is lost. Protest fee will be returned if the protest is won by the Team protesting.

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### 7.0 Scoring Procedures:

7.1 Cross Country Mountain Bike and Relay. Each rider finishing the race receives points according to reverse number of finishers.

Example – 13 finishers in a race

1st Place = 13 points

2nd Place = 12 points

3rd place = 11 points

...

13th Place = 1 point

Cyclists unable to finish the race do not contribute to the total score for that event and receive a DNF.

Points from the 2 races will be added up for the men's competition and the women's competition towards the Sport Champion.

### 7.2 Tie Breaking Rule

Should two riders be tied based on the above points system at the conclusion of the event, their time from the individual time trial will be used to break the tie.

## 2019 Tony Cote First Nation Summer Games Technical Package

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### 8.0 Competitive Uniform:

· Teams shall select appropriate competition uniforms adhering to the color schemes approved by the FSIN SCYR Board. The approved color schemes are as follows:

ACTC	Gold- Black and White Trim
BATC	Red- White Trim
BOFN	Red- Black and White Trim
BTC	Blue – Bright green and silver trim
FHQTC	Green- Grey and White Trim
MLTC	Blue- White and Gold Trim
OLFN	Dark Blue- White and Gold Trim
PAGC	Royal Blue- White, Red and Gold Trim
STC	Navy Blue- Red, Gold and White Trim
SET4TC	Red- White and Blue Trim
TATC	Navy- Red and White Trim
Woodland	Forest Green- Grey, White and Black Trim
YTC	Teal/Black- Grey/White and Black Trim

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### 9.0 Medals:

9.1 Gold, silver and bronze awards will be presented to first, second and third place finishers, on an individual basis, for the cross country mountain bike and cross country Relay.

Medals:            10 gold                            10 silver                            10 bronze

### 10.0 Medical Services

· First Response Trainer will be available at venue during completion which will be provided by the host Flying Dust First Nation.

### 11.0 Security

· A minimum of two (2) security personnel will be on location at each of the venues at all competition times.

## 2019 Tony Cote First Nation Summer Games Technical Package

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### FSIN Contact Information:

Federation of Saskatchewan Indian Nations  
Sport, Culture, Youth and Recreation Department

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### PSGB Contact Information:

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Executive Director

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Website: [www.saskcycling.ca](http://www.saskcycling.ca)

### Sport Manager Information:

Name: Terrance Sylvestre  
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### 16.0 Technical Package Certification

The below signature is to certify that this technical manual has been approved in its entirety by the Federation of Saskatchewan Indian Nations Sport, Culture, Youth and Recreation Board, the Games Manager and the Provincial Sport Governing Body Representative.

MEETING DATE: \_\_\_\_\_

FSIN CHAIRPERSON: \_\_\_\_\_

SPORT MANAGER: \_\_\_\_\_

PSGB REPRESENTATIVE: \_\_\_\_\_